

POST-OP INSTRUCTIONS FOR MYRINGOTOMY AND TUBE PLACEMENT

1. The patient may have nausea for the first several hours after surgery due to the anesthesia. Try to give small amounts of liquids until this pass.
2. There may be pain for the first several hours. This is usually controllable with Tylenol as needed.
3. There may be some blood draining from the ears for a few days. Place a small piece of dry cotton in the ears and change as necessary. Once the drainage stops you do not have to continue the cotton.
4. Do not allow any water to get into the ears. When bathing, place a small piece of cotton coated with Vaseline in each ear to keep them dry.
5. You may be given prescriptions for ear drops and/ or oral antibiotics after the surgery. If they have been prescribed, make sure to take them as directed.
6. If you were given ear drops on discharge from the hospital, use 3-5 drops twice a day for 3-5 days. If your child complains of pain or burning, you may discontinue them. The drops contain antibiotic and also help keep any blood from crusting and blocking the tubes.
7. The post-operative appointment in our office will be around two weeks after surgery.
8. Please call the office to set up an appointment. If you have any other questions or concerns, please contact our office.